



### The Official Publication of The Sutherland Shire Dog Training Club Inc

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Issue SC048-50Y058 December 2021—January 2022

# Sutherland Shire Dog Training Club Inc.

(Affiliated with the Dogs NSW) ABN :85 904 409

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### Your Committee 2020 - 2021

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President Pam Hazelton Vice President Ron Brouwer Treasurer Elwyn Gaywood Secretary Rob Collaro Andrea Munn Peter Stone Steve Burness

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### **Other Positions**

Assistant Treasurer	Steve Burness
Grounds Secretary	Wendy Bourke
Grounds Secretary	Andrea Munn
The Wag Editor	Shanelle Corben
Instructors' Facilitator	Ros Klumpes
Vetting Officer	Rob Collaro
Facility Officer	Brian Jarrett
Trial Secretary	Margaret Taylor
Agility Chief Instructor	To Be Advised

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### Senior Instructors

Wendy Bourke Donna Brouwer Ron Brouwer Bonnie Guillan

Pam Hazelton Leslie Rowling Peter Stone Dave Varney

### Life Members

Don Ahearne Bill Barclay\* Joan Barclay \* Wendy Bourke Ron Brouwer Tiki Friezer \* Pam Hazelton Margaret Keast Rene Llewelyn Margaret McGarvey \* John Mitchell Anne O'Hara \* Barry Reed Noella Smith Allan Spratt \* Jan Taylor Margaret Taylor Kevin Thomas Elizabeth (Betty) Walsh Peter Waugh

\* Deceased

### Editors Note:

Hi Everyone,

I hope you've all been well and safe during the last few months since our lockdown ended, its great to be back.

Its been a very busy couple of months for us at the club so apologies for the delay in getting our newsletter out to you.

Our AGM is being held on Sunday 12th December 2021 after training, all members are welcome to attend.

Sunday training will be running right up until 19th December 2021 and we'll be returning earlier than normal next year, Sunday 16th January 2022.

Please stay up to date with club news and activities on our website and Facebook pages.

From all of us at Sutherland Shire Dog Training Club we wish you a safe & happy Christmas and New Year





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Postal Address: PO BOX 231 SUTHERLAND NSW 1499

Enquiries: Please refer to the Editors Email: ——>editor@ssdtc.com.au

**THE WAG** is published bi-monthly and is distributed generally on the first Sunday of the month (when possible).

All contributions for **THE WAG** in soft copy (email) must be <u>Received by Monday prior to the</u> <u>last Sunday of the month</u> for inclusion in the next months issue. Hard Copies will take longer. Our website contains all the information you require to enable you to contribute. The quick address is <u>http://www.ssdtc.com.au/Pages/Contact/WagSu</u> <u>bmiss.html</u>

Opinions expressed in **THE WAG** are not necessarily those of the Sutherland Shire Dog Training Club Inc. or its committee.

Any veterinary advice printed in **THE WAG** should be checked <u>with your own vet.</u>

There are various books and DVDs in the clubhouse library cupboard. Just ask Andrea or Wendy if you would like to borrow any.

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# Advertising in The Wag

Did you know you can advertise in The Wag? Below are our very reasonable rates. This includes a once off introduction/bio of your company in The Wag and also your advertisement.

ONE YEAR SIX M		SIX MONTHS	<u>MONTHS</u> <u>SINC</u>		GLE PUBLICATION	
FULL PAGE	\$120	FULL PAGE	\$65	FULL PAGE	\$ 15	
HALF PAGE	\$65	HALF PAGE	\$35	HALF PAGE	\$ 35	
QUARTER PAGE	\$ 35	QUARTER PAGE	\$20	QUARTER PAGE	\$ 20	

# Notice to All Members

Our club enforces a no dog attack policy.

Whereby means if your dog has attacked another dog or human you will be asked to purchase from the clubhouse (or elsewhere) a muzzle to use whilst on SSDTC grounds during training sessions.

Please understand that the enforcing of this policy is for the safety of our trainers, members and their dogs

Removal of the muzzle at a future date to be decided by senior instructor(s) assessment on the aggressive dog..

Thank you for your understanding.



# President's Report

### ANNUAL GENERAL MEETING SUTHERLAND SHIRE DOG TRAINING CLUB Inc 12 December 2021 PRESIDENT'S REPORT



### **CLUB ACTIVITIES**

Most of the Club activities have been affected by COVID-19. There have been no visits for demonstrations to retirement villages and nursing homes. Also, the club has not been able to provide voluntary work experience, part of the requirement, for students undertaking The Duke of Edinburgh Award.

Just prior to the long lockdown which began at the end of June, the Obedience and Rally "O" Trial and the tracking trial were held in May. There was no agility trial.

Sunday continued to be the main training and grading day. The Clicker Training Class, another activity available at Sunday training for novice and advanced levels continued to grow. Help classes, Rally and Agility Classes are available during the week.

### LOCKDOWN PROCEDURES AND DISRUPTIONS.

The COVID-19 Plan which was submitted to Sutherland Shire Council in June 2020 has remained for 2021. At the end of June 2021, NSW was placed in lockdown for four months due to the COVID-19 DELTA outbreak.

Training did not resume until 24 October and then for Kindergarten and Class 1 only for the first 2 weeks to ensure that there would be enough instructors. For the club to remain open, distancing of 1.5m was required and all the previous protocols in the 2020 guidelines such as class sizes and spacing of classes on the grounds had to be adhered to.

In addition to the COVID Plan, procedures for check in using QR codes or signatures, evidence of double vaccination and wearing of masks indoors were mandatory, for all members and visitors on the grounds during training

### **CLUB MEMBER ACTIVITIES**

It was decided by the Committee that due to the , member renewal fees would not be required until the end of June 2022. However, all continuing members will be required to complete and sign the membership form for insurance purposes.

The club will not have a Christmas Party again this year

The club will break on 19 December and resume earlier than usual on 16 January 2022.

### APPRECIATION

It has been a very difficult year for everyone. A special thanks to all the instructors without whom the club would not function and to all the committee for their time effort in the many tasks which needed to be done throughout all the disruptions. Best wishes for Christmas and a safe 2022.

Pam Hazelton President

# SSTDC 2022 Calendar.

### Class Start/Stop Dates and Special events

First Day of Training	Sunday, 16th January 2022
No Training	Sunday, 17h April 2022 (Easter Sunday)
No Training	Sunday, 15th May 2022 - SSDTC Obedience Trial
No Training	Sunday, 12th June 2022 - SSDTC Agility Trial
Last day of training	To be Advised

### General Club Events and Meeting Dates

Instructors Meeting	The First Sunday of every month after General Training
Committee Meeting	The Second Sunday of every month after General Training
Easter Party	Sunday, 10th March 2022 (to be confirmed)
Annual General Meeting	(to be confirmed)
Christmas Party	(to be confirmed)

### **Obedience/Rally-O Trials**

May Trial	Sunday, 15th May 2022
Acility Trials	

### Agility Trials

June Trial	Sunday, 12th June 2022	
Tracking Trials		

### Tracking mais

May Trial Sunday, 7th May 2022

### Fly Ball Musters

May Muster

To Be Confirmed

### Note:

Daylight saving Times changes for (Australian Eastern Standard Times) 2021 are:

Stops Sunday, 3rd April 2022 @ 2:00am (Clock are turned "Back" 1hr)

Starts Sunday, 2nd October 2022 @ 2:00am (Clock are turned "Forward" 1hr)

### **Friendly Reminder**

Don't forget to take your used poop bags with you after training.

### "Please Do The Right Thing"



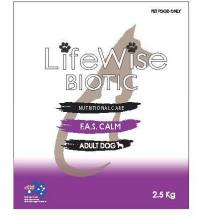
# LifeWise BIOTIC... nutritional care F.A.S. Calm

Built on a base of fish, lamb and vegetables, this superbly balanced and complete food contains a blend of essential nutrients that nourish the body whilst calming the mind. It can be fed continuously to any dog that suffers from fear, anxiety or stress. F.A.S. Calm may also be the food of choice for a few days prior to a stressfull event such as a visit to the vet for an annual checkup or vaccination.

Researchers are now in agreeance there is a strong link betweeen stress responses in dogs, and dysbiosis of the gut microbiome. Dysbiosis (*dis-by-o-sis*) is a reduction in microbial diversity in the gut which can then trigger an inappropriate immune system response. This response affects the emotional reflex by causing an inappropriate response to stress. This in turn heralds a decline in emotional stability, a negative response to training, plus an increase in behavioural volatility. The end result is a decrease in social amicability and domestic harmony.

Conventional food treatments often limit specific ingredients which disrupts the nutrient supply to the body that is required to reduce the effects of dysbiosis. Unfortunately, these dietary shortcomings work against the rebuilding of the gut microbiome, so a lasting resolution to the initial problem can never be fully achieved.

The advanced LifeWise technology combines selected ingredients in specific ratios to support and promote the microbial population of the microbiome, thus reversing the underlying cause of inappropriate immune system responses. At the same time, the quality ingredients are blended to provide specific ratios of essential nutrients which are vital to health, wellbeing and contentment, all factors that provide our beloved pets with the best possible quality of life.





LifeWise BIOTIC F.A.S. Calm is a complete and balanced food that may be fed continuously where the dog is suffering fear, anxiety or stress. It can also be fed periodically when known stress events are imminent.

### Available in 2.5kg and 13kg bags. Samples available on request





LifeWise Pet Nutrition is a division of Natural Balance Pet Foods Australia Pty Ltd 9 Military Road, Broadmeadows, Victoria, 3047. www.lifewisepetfood.com

# Welcome to our New Members



#### May-November

Alexandra Reid of COMO with Standard Schnauzer Hamish Christie Holmes- of KIRRAWEE with Staffordshire Bull Terrier Benji Rosa Pasquale of CARINGBAH with Irish Terrier Cross Dixie Daniel Solway of MIRANDA with Pomeranian Maltese X Banjo Elise Atkinson of MIRANDA with Pomeranian Maltese X Banjo Rhonda MacPherson of GYMEA BAY with Cocker Spaniel Lily Irlanda Price of BONNET BAY with Labradoodle Heidi Shelley Barnes of SUTHERLAND with German Shorthaired Pointer Scout Emily Jackson of MIRANDA with Toy Cavoodle Coco Caitlin Wainwright of CARINGBAH with German Shepherd Dog Dexter Rodney Wainwright of CARINGBAH with German Shepherd Dog Dexter Xenophon Papaioannou of KIRRAWEE with Boxer Uk Clay Krizman of CARINGBAH with Border Collie Archie Linda Barbosa of KURNELL with Australian Cattle Dog Ozzy Rebecca Plank of MIRANDA with Amercian Staffordshire Terrier Dutch Stacie Strong of CRONULLA with Italian Greyhound Lizzie Joanne Greenwood of GEORGES HALL with Border Collie Kelpie Jack Mark Klees of BURRANEER with Kelpie/Labrador/Poodle Frida Lisa Bouveng of HEATHCOTE with Labrador Retriever Zali Nichola Papaioannou of KIRRAWEE with Boxer Uk Karuna Kourkova of PADSTOW with French Bulldog Wolfgang Kurt Hanley of MIRANDA with Amercian Staffordshire Terrier Dutch Jared Lillehagen of BEXLEY NORTH with Labrador Retriever Pretzel Chanel Brown of BEXLEY NORTH with Labrador Retriever Pretzel Vladmir Voelk of ENGADINE with Bordoodle Marley Monique Pasquale of CARINGBAH with Irish Terrier X Dixie Angela Xu of PEAKHURST with Cavoodle Cinnamon Ashleigh Clarke of GYMEA with American Bulldog Harley Rochelle Connon of OYSTER BAY with Australian Kelpie Gus Sandra Pigram of SYLVANIA with Lagotto Romagnolo Truffles Sheri Mikus of LILLI PILLI with Australian Cattle Dog Bullet Lien Le of ENGADINE with Border Collie Cookie Stephen Heathcote of ENGADINE with German Shorthaired Pointer Oscar Saige Billinghurst of GRAYS POINT with Doberman Pinscher Beau Shannon Delaney of HELENSBURGH with Golden Retriever Ahri Bradley McGregor of JANNALI with Gsp X Sheepadoodle Willow Montana Mullen of CRONULLA with Beagle Hound Peaches Nick Costelloe of BUNDEENA with Australian Kelpie Mopsy Adam Bull of GYMEA with Australian Kelpie Tilley Nicole Fitze of SUTHERLAND with French Bulldog Piccolo Rachel Fitze of SUTHERLAND with French Bulldog Piccolo Giang Vo of ENGADINE with Border Collie Cookie Rani Ram of HECKENBERG with German Shepherd Dog Sultan Christina Farrelly of LUGARNO with Border Collie Cross Bonnie

Frank Katsamats of CARINGBAH SOUTH with Border Collie Django Robert Fontana of HEATHCOTE with Beaglier Russell Cheryl Woellner of HEATHCOTE with Beaglier Russell Alex Leva of PEAKHURST with Pomeranian Betsino Robert Trojanowski of CRONULLA with German Shepherd Dog Klos Sharon Wee of MASCOT with English Springer Spaniel Rufus Scott Van Eck of GYMEA BAY with Border Collie Mango Tyler Katsamats of CARINGBAH SOUTH with Border Collie Django Alexandra Van Eck of GYMEA BAY with Border Collie Mango Steve Green of KURNELL with German Shepherd Dog Kiser Judith Meads of CARINGBAH with Dachshund Stanley Joanne O'Connor of ENGADINE with Australian Kelpie X Millie Michelle Hodgson of GYMEA with Brittany Spaniel Rocco Kate Wilder of HEATHCOTE with Labradoodle Cardo Fisun Katsamats of CARINGBAH SOUTH with Border Collie Django Mary- Long of SUTHERLAND with Chihuahua Evie Tina Ding of GYMEA BAY with German Shepherd Dog Heidi Vivian Petrovski of PADSTOW HEIGHTS with German Shepard X Ash Michael Murry of SUTHERLAND with Chihuahua Monty Chrissy Collier of MENAI with Australian Cattle Dog Sarge Julie-Ann Pallone of KAREELA with Australian Shepherd Boston Bryce Moricean of OYSTER BAY with Australian Kelpie X Dusty Areleen Birks of CRONULLA with Bischoodle Buddy Michelle Attwood of LOFTUS with Cavoodle Pebbles David Pepper of CARINGBAH with German Shepherd Dog Jax Elyshia Pepper of CARINGBAH SOUTH with German Shepherd Dog Jax Shane Harris-Tunks of PADSTOW with Groodle Alfie Chloe Peel of PADSTOW with Groodle Alfie Tracie Davison of PLEASURE POINT with Bordoodle Bruno Alan Koyacevic of BLAKEHURST with Staffordshire Bull Terrier Albert Maree Allen of OYSTER BAY with Doberman Pinscher Lois Michelle Ding of GYMEA BAY with German Shepherd Dog Heidi Simeon Miller of MENAI with Australian Cattle Dog Bundy Natalie Miller of MENAI with Australian Cattle Dog Bundy Craig Armstrong of HEATHCOTE with Alaskan Malamute Kobey Will Pyanov of WOOLOOWARE with Japanese Spitz Michelle Gail Howard of GYMEA with Terrier Cross Teddy John Jansen of HELENSBURGH with Jack Russell Terrier Josie Greg Lemme of REVESBY HEIGHTS with Murry River Retriever Lacey Dawn Walton of HEATHCOTE with Cavoodle Jazmine Harvey Lennon of CARINGBAH with Australian Kelpie Rex Jennifer Brennen of BUNDEENA with Boxer Otis Lana Rae of ENGADINE with Boxer X Daisy Michael Minehan of WORONORA with Koolie X Kelpie Koda

# Welcome to our New Members

#### May —November

Meg Fisher of OYSTER BAY with Cavoodle Clarence Kerrie Buchanan of WORONORA with Australian Kelpie Pip Neil Byrne of YARRAWARRAH with Golden Retriever Finlay Kylie Lees of CARINGBAH with Spanish Water Dog Taggedy Vikki Pennington of ALLAWAH with German Shepherd Dog Hunter Elisabeth Wallace of CRONULLA with Australian Cattle Dog Trek Ehsan Kashi of CARINGBAH with Dachshund Piper Greg Hand of BULLI with Jack Russell Terrier Rosie Nick Nordstrom of SUTHERLAND with Finnish Lapphund Bjorn Barry Cassidy of ARNCLIFFE with Belgian Shepherd Dog Doc Laraine Smyth of GYMEA BAY with West Highland White Poppy Bruce Bell of BULLI with Whippets Lilly & Delta Liisa Woodrow of HURSTVILLE with Kelpie X Pomeranian Milo Michelle Jean of MIRANDA with Shetland Sheepdog (Sheltie) Denim Manish Dager of SYLVANIA with Doberman Pinscher Simba Jack Quirk of LILLI PILLI with Standard Poodle Benny Tim Clark of BURRANEER with Boxer Freddy Rose Bad of HURSTVILLE with German Shepherd Dog Bruno Peter Dowsett of LOFTUS with German Shepherd Dog Freyja Mal Broach of KAREELA with German Shepherd Dog Lexi Joseph Wong of MENAI with Australian Kelpie X Bluey Toby Briggs of KIRRAWEE with Cavoodle Frank Emille Sabbagh of MENAI with Australian Kelpie X Mikey Katherine Brown of ENGADINE with Nova Scotia Duck- Bailey Amber Neesam of WATTLE GROVE with German Shepherd Dog Axle Sonya Coakley of CARINGBAH with Pomeranian/Spitz Winnie Sophie Prociuk of CRONULLA with Miniature Poodle Willow Paul Morrison of WATERFALL with Cavoodle Milo Ursula Walters of CONNELLS POINT with Finnish Lapphund Gizmo & Pomeranian Roxy Kara Cable of CARINGBAH SOUTH with Labrador Retriever Keiki Alyssa Werner of KIRRAWEE with Siberian Husky Skye Amelia Dellit of GYMEA BAY with Labradoodle Tilda Pritesh Savania of WORONORA with Havanese Laila Mark Aldridge of LOFTUS with Border Collie Pepper Lee Kippax of GYMEA BAY with Cavoodle Charlie Carmel Hyde of YOWIE BAY with Groodle Remy Ben Xuereb of MENAI with Boxer Tess Jason Barlow of CARINGBAH SOUTH with Labrador Retriever Izzy Rachel Moore of WORONORA with French Bulldog Nala Mae Matthew Thomas of CARINGBAH with Pomeranian/Spitz Winnie Judi Kelly of LOFTUS with Australian Kelpie Bonnie Nicola Jeffares of LOFTUS with Border Collie Pepper Ty Barnes of HELENSBURGH with Australian Kelpie Koko

Alicia Montague of GYMEA with Shetland Sheepdog (Sheltie)Jasper Alys Swindlehur of OYSTER BAY with Miniature Dachshund Basil Joanne Moyle of GYMEA with Amercian Staffordshire Terrier Hunter Stella Tarakson of KOGARAH BAY with Labrador Retriever Watson Carole Power of SYLVANIA with Frug Winston John Paull of JANNALI with Cavoodle Ziggy Rodney Newett of GYMEA BAY with Labradoodle Barty Gail Nener of COMO with Rottweiler Cattle Dog X Subi Simon Crossett of BONNET BAY with Groodle Kirra Peter Skibinski of KOGARAH BAY with Labrador Retriever Watson Amy Carter of KURNELL with Blue Heeler (Australian)Jessie Damien Ratcliffe of KURNELL with Blue Heeler (Australian)Jessie Hannah Bell of CARINGBAH with Amercian Staffordshire Terrier Bindi Sharon Bowen of MIRANDA with Cavoodle Buddy Zach Lawler of HEATHCOTE with Finnish Lapphund John Remy Dawkes of REVESBY with Doberman Pinscher Cooper Julie Batty of KIRRAWEE with Border Collie Rue Mathew Foreshew of HEATHCOTE with Golden Retriever Winstan Johan Laubscher of CARINGBAH with Amercian Staffordshire Terrier Lola Joan Barnes of HELENSBURGH with Australian Kelpie Koko Danyel James of ENGADINE with Border Collie Cody Carol Chapman of BLAKEHURST with Border Collie Holly Jacob Crowther of MENAI with Whippet Hazel Ashleigh Raetz of MENAI with Whippet Hazel Elisabeth McKinnon of BONNET BAY with Labradoodle Piper Susan Sharp of ALFORDS POINT with Shetland Sheepdog (Sheltie) Bonnie Ben Russell of PANANIA with Border Collie Coco Tannah Wienand of CARINGBAH with Border Collie Leni Justine Wienand of WOOLOOWARE with Border Collie Storm Phil Batty of KIRRAWEE with Border Collie Ziggy Christine Newett of GYMEA BAY with Labradoodle Barty Karasha Pillay of BANGOR with Cavoodle Jaskson Gail Freeman of WORONORA with Groodle Tilly Heather Brown of MIRANDA with Jack Russell Terrier Charlie Ben Russell of COMO with Shetland Sheepdog (Sheltie)Rilley Margaret Bowman of BUNDEENA with Schnoodle Rosie Karasha Pillay of BANGOR with Cavoodle Jackson Alex Walsh of WOOLOOWARE with Australian Kelpie X Blue Sarah Campbell of KAREELA with Portuguese Water Dog Marshall Helen Fragiadakis of WORONORA with Whippet Ziggy Alex Mater of MAROUBRA with Border Collie Bella Rebecca Monchton of JANNALI with Border Collie Alfie Dirk Haarhaus of WORONORA with Labrador Retriever Archie

# Welcome to our New Members



### May-November

Wayne Reynolds of BANGOR with German Shepherd Dog Storm Jacquelin Fogarty of WOOLOOWARE with Labrador Retriever Ruby Brett Handley of GYMEA with Staffordshire Bull Terrier Sitka Haryati Trojanowski of CRONULLA with German Shepherd Dog Klos Ellyse Mateer of MAROUBRA with Border Collie Max Jacquelin Lowes of ENGADINE with Toy Cavoodle Poppy osephine Booker of HEATHCOTE with Boston Terrier Luna Sanika Gobe of SUTHERLAND with Border Collie Kinda Erminia Hatzl of GRAYS POINT with Cavoodle Hamish & Field Golden Retriever Rockv Cameron Robb of CARINGBAH SOUTH with Jack Russell Terrier X Cj Mateusz Maozewski of MIRANDA with Golden Retriever Inala Leanne Roddy of CRONULLA with Aussie Doodle Zala Jo Andrews of MORTDALE with Bordoodle Gaia & Cavador Ziggy Helen Galanis of PEAKHURST with Bordoodle Gaia Joel Porter of CRONULLA with Kelpie X Dschshund Jasper Rene Cavini of LILLI PILLI with German Shepherd Dog Hunter Cherie Freeman of LOFTUS with Staffordshire Bull Terrier Penny Isabella Allen of SUTHERLAND with French Bulldog Chilli Brenda Lekovic of CARINGBAH SOUTH with English Pointer Bobby Mark Davis of OYSTER BAY with Border Collie Hachi Alyssa Ward of GYMEA BAY with Kelpie X Dachshund Baxter Breanna Ward of CRONULLA with Kelpie X Dachshund Jasper Georgia Byrne of HEATHCOTE with Groodle Peach Jack Byrne of ENGADINE with Groodle Peach Bailey Neate of SUTHERLAND with Italian Greyhound Tanuki Scott Praly of WORONORA with Rhodesian Ridgeback Emma Su-Anne Hall of SUTHERLAND with Border Collie Hugo Sarah Livesey of JANNALI with Boxer X Ridgeback Riley Matthew Hunt of YARRAWARRAH with Labrador Retriever Cleo Kyle Obrien of CARINGBAH with German Shepherd Dog Jax Annie Alexiou of BANKSIA with Australian Shepherd Kevvy Megan Foreshew of HEATHCOTE with Golden Retriever Winston Henry Amanda Deans of MALABAR with Border Collies Ziggy & Bonnie Fiona Marsh of SYLVANIA with Cavoodle Bailey Linda Smart of WORONORA with Border Collie Molly Robin Walton of PENSHURST with Basenii Holly Joanna Holmewood of MENAI with Staffordshire Bull Terrier Apollo Skye Curran of PADSTOW with Havanese Zorro Laura Heathcote of ENGADINE with German Shorthaired Pointer Oscar Aliza Yong of WORONORA with Rhodesian Ridgeback Emma Marielle Bessiris of KOGARAH with Golden Retriever Finn Brendan Hodge of GYMEA with Australian Cattle Dog Ranger

Paul Leven of ENGADINE with Border Collie Izzy Mark Hawkins of REVESBY with Akita Inu Kobe Sharen Chhor of REVESBY with Akita Inu Kobe Lisa Wells of SUTHERLAND with Border Collie Bubbles Donna Camkin of CARINGBAH SOUTH with Australian Shepherd Corduroy Maxime Hamilton of COMO with Golden Retriever Teddy Rebecca Clarke of SYLVANIA with Amercian Staffordshire Terrier Willow Kate Moloney of CARINGBAH SOUTH with Labrador Retrievers Alfie & Lucy Lyn Morriss of OATLEY with Border Collie X Amber Dominiqu Brischetto of MOOREBANK with Labradoodle Enzo Sherry Mead of WOOLOOWARE with Labradoodle Daisy Jack Vanderlaan of CARINGBAH SOUTH with Golden Retriever X Bear Prabha Punjabi of OATLEY with Cavoodle Milo Oscar Quix of GYMEA BAY with Hungarian Vizsla Lina Leesa Brischetto of MOOREBANK with Labradoodle Enzo Kaela Hepburn of CARINGBAH with Dachshund Lenny Nicole Tasker of JANNALI with Springer Spaniel Louie James Bonamy of ENGADINE with Australian Kelpie Daisy Deborah Behrens of BURRANEER with Aussie Doodle Blume Michelle Steck of WOOLOOWARE with Spoodle Monty Biswash Silwal of WATTLE GROVE with Bull Arab X Rosco Sue Bull of GYMEA with Australian Kelpie Tilley Nicole Ketelaar of HELENSBURGH with Spoodle Rosie David Collier of MENAI with Blue Heeler (Australian) Sarge Callum McRitchie of SYLVANIA with Golden Retriever Cooper Kelly Donaghy of CARINGBAH with Cavoodle Bella Fiona Dell'oro of OYSTER BAY with Pembroke Welsh Corgi Daisy Tim Davies of BONNET BAY with Border Collie/Poodle Nala Katrina Bouquot of ENGADINE with Golden Retriever Ella Greg Warren of GRAYS POINT with Jack Russell Terrier X Russel Lana Silvestro of GYMEA with French Bulldog Franjie Chris Panckhurst of MIRANDA with Border Collie Milo Leo Bessires of GYMEA with Labrador Retriever Asha Lyn Nash of CARINGBAH with Golden Retriever Buddy Haley Maros of CARINGBAH with Basenji Bindi

Daniel Barden of BLAKEHURST with English Springer Spaniel Jemma



# REHAD+

**Improving Your Best** Friends Chance at a **Full Recovery** 

Did you know that our pets experience many of the same injuries that humans do? Anything from cruciate tears, disc bulges, arthritis, or muscular pain they can and do suffer from.

For decades, humans have had access to physio, chiro, rehab and many other types of healthcare services...

# **Now Your Pets Do Too!**

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Chiro/Osteo

# Get In Touch With Us To Get Your Pet On The Road To Recovery

02 9188 0863 info@animalrehabklinik.com.au www.animalrehabklinik.com.au Shop 59 1-9 Gray St, Sutherland NSW 2232

# Keep Your Dog Safe in Hot Weather

As a dog owner are you aware that:

Dogs feel heat (or cold) differently depending on their size, colour and type of fur. Dogs with fine fur for example staffys, boxers, greyhounds will experience heat more than those dogs with thick coats. Black dogs become hotter more quickly than light coloured ones.

Dogs are prone to skin cancer for example on their nose, eyelids, ears and abdomen and when their hair is fine or is sparse.

Human sunscreens can be toxic or cause skin irritations for dogs. Pet sunscreens can be purchased but pets can lick them off and can be effective for only periods. Ask your vet for advice for prevention for your dog

Dogs do experience heatstroke because dogs do not sweat like humans. They lose heat through panting. Dogs cannot sweat except through their foot pads. If the build-up of heat is faster than the rate at which the dog can cool itself by panting then its body temperature will rise and heat stress occurs. Signs of heatstroke include excessive panting, weakness, high fever, lethargy, vomiting and unresponsiveness.

Therefore, avoid walking or exercising your dog in the hottest part of the day. Hot footpaths or road surfaces can burn paws and also reflect heat onto dogs' bodies increasing the risk of heatstroke.

Do not leave your dog confined in a hot place such as a car even if only for a very short time. The temperature in the car will still rise rapidly on a hot day even if you leave the window open a little.

Make sure you dog has plenty of water in a container that is not able to be tipped over.

Ensure that there are shady areas in your yard throughout the day where your dog can lie down.

Referenced from: DOGS New South Wales February 2019 Rowan Blogg and Eric Allan1983 Everydog. Methuen Australia



# Training Tips



# Dog Training Tip

If you have multiple dogs, make sure that they each get some one-on-one time with you. This doesn't need to be any special adventure or training class - something as simple as playing their favorite game with them every day or teaching them a new trick or letting them solve some puzzles like finding hidden treats.

This is especially important if your dogs like to play a lot with each other - you want to remind them how much (more) fun you are on a daily basis!



Training

### Benefits of Scatter-Feeding -You Should Try It!

Scatter-feeding means spreading your dog's food over a large area for him to sniff out and eat, such as your yard, a meadow, your apartment etc.

- It is a great low-arousal activity. Especially high-strung dogs benefit from calming activities.
- It engages their brains and teaches them to focus on a task for longer periods of time: As soon as they "space out" and disconnect, they lose the scent trail they were pursuing.
- It is relaxing: Sniffing lowers your dog's heart rate and helps him destress.
- It is mental exercise: Scatter-feeding is a great way to engage your dog when you don't have a lot of time - eg. in the morning, simply scatter your dog's food in the yard and let him get a brain-workout while you get ready for work.

# PETS ARE FOR LIFE, NOT JUST FOR CHRISTMAS

#### Pets are not disposable

Every year hundreds of thousands of pets are abandoned at animal shelters in Australia. A large percentage of pets are surrendered, and often put down, in the weeks and months following Christmas by people who made impulsive pet purchases or by people who received a pet as a surprise gift. Pet ownership is a serious responsibility and the decision to get a pet is one that needs to be well thought out and a decision that needs to be made by an entire family. There are a few things you need to consider before you decide whether or not you (or your family) should be giving or getting a pet for Christmas.

#### Can You Make the Commitment

Can you afford a pet? Responsible pet ownership is expensive. Dog owners can expect to spend between \$1200 – \$3500 a year on their dog. Cat owners spend an average \$1020 a year on their cat. This price guide is only for basic care – if your pet gets sick or injured then the cost of pet ownership can become astronomical. Responsible pet owners should protect their pets and themselves with pet insurance.

Do you have time for a pet? Dogs and cats require a lot your time and attention. Feeding, training, exercising, playing – it all adds up to a big commitment – but at the end of the day most pet owners will tell you it is 100% worth the time and the money because your dog or your cat will be the most loyal, most comforting, most appreciative best friend you could ever wish for.

Where will you be in 13 years? The average cat lives to be 12-14 human years old. A dog's lifespan varies quite a lot by breed, but dog's on average live to be 12.8 human years old. If you can't make a long term commitment consider adopting an elderly animal or become a foster parent for a pet.

### **Before You Buy**

**The perfect match:** Consider which pet is right for you. Cats and dogs have unique needs and every pet will have different requirements depending on his activity level, intelligence, and personality. Research information online, speak to other pet owners, ask a veterinarian – find the perfect pet for you!

**Make a plan:** Before you bring a pet into your home have a conversation with the people you live with. Who will walk your dog? Who will feed your cat? If you live alone speak to your friends and family and ask them whether you can count on their support if you are unable to temporarily (or permanently) care for your pet.

**Be an informed buyer:** Whether you are adopting a forever friend from an animal shelter, a breeder, or a pet store, you need to do some research so you can be sure you pet is coming from a reputable establishment.

### Be a Responsible Pet Owner

**Your house is their house:** train your pet properly and be sure rules of the house clear to your pet from the beginning. Are they allowed on the furniture? Where can they sleep? There are many household and backyard dangers you need to be aware of. Be sure you are well informed and that your house is safe for your dog or cat.

**Protect your pet:** The world can be a dangerous place for a pet. Training your pet properly is essential to their safety and well-being.

### Please carefully consider whether a pet is the right gift to give or to receive this Christmas



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# CHRISTMAS GIGGLES









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# **Christmas Cheer Treats**





## Chicken & Sage Biscuits

#### Almost as good as a Sunday roast

#### Makes around 30 biscuits

15 serves for a medium-sized dog

#### Ingredients

1 ½ cups (225g) plain white flour

- 3 tablespoons (45ml) canola oil
- 1 teaspoon dried sage
- 2 teaspoons (8g) of powdered chicken stock (low-salt)
- ½ cup (120ml) water
- 2 teaspoon (10g) chia seed

#### Method

- 1 Preheat oven to 180°C
- 2. Mix all ingredients, roll out to approximately 5mm thick, and cut into your favourite shape.
- 3. Place biscuits onto a greased baking tray and place in oven for 20 minutes or until golden and crunchy.

.............

4. Cool on a wire rack.

### Peanut Butter Superstars

#### The perfect reward for your superstar

#### Makes around 34 biscuits

17 serves for a medium-sized dog

#### Ingredients

- 1 cup (150g) plain white flour
- 1/4 cup (20g) bran cereal (eg. Kellogg's All Bran)
- 1/3 cup (100g) smooth or crunchy peanut butter
- 4 tablespoons canola oil
- 1/3 cup (90ml) water
- 2 teaspoons (10g) chia seed

Store for up to 3 weeks In an airtight container

#### Method

- Preheat oven to 180°C.
  Mix all ingredients, roll out to approximately 5mm thick, and cut with a cookie cutter.
- 3. Place on a lightly greased baking tray and put into oven.
- 4. Bake for 18 minutes or until lightly browned.
- 5 remove from oven and cool on a wire rack

## Recipes courtesy of Doggylicious via The Lost Dogs Home



Sutherland Shire Dog Training Club Inc

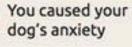


Find out more at subthresholdtraining.com

Separation Anxiety Myths

Truth

1



Getting another

dog will help

Myth



you caused it!

There's no evidence

In most cases, getting another dog won't make any difference

If you let him bark it out,



There's a good chance leaving an anxious dog to bark it out will make him worse



Using a crate will fix it

he will eventually stop



It might stop the destruction, but most anxious dogs panic more in a crate

The look you see is fear: he's

worried you shout at him when you come home. Punishment

and separation anxiety don't mix

I know he understands that he did something wrong, because he looks guilty when I get home



Give him a food toy, that will stop it



It might distract him, but it won't cure separation anxiety



He soiled the floor/chewed the house to get back at you for going out



Puppies don't have separation anxiety





He's not mad, he's panicking. The chewing is a reaction to that panic

Puppies can get separation anxiety, and it might even be genetic

# DOGS & CAR TRAVEL

The holiday season is upon us, so with careful planning and the right safety equipment hitting the road with your canine companion can be fun and hassle free.

More often than not, dogs make for willing and eager travel companions. Some dogs have even achieved literary fame as canine car companions, like John Steinbeck's French poodle Charley. But whether your dog is eager or reluctant, having the right equipment and attitude can help to assure that the trip is safe and satisfying for all.

#### **BEFORE YOU LEAVE**

Before you hit the road, make sure that you have everything you'll need to keep your dog happy and healthy. Here's a list of must-haves and probably-should-haves:

Lead, collar and ID tag. If your dog were to get loose far from home – that's bad. If your dog were to get loose far from home without any form of ID – that's really bad.

Food, water, bowls. Bring along a sufficient supply of the food your dog is accustomed to eating. Bring along plenty of water, too – and bowls, of course. Changing to food and water that are different from what the dog normally consumes can combine with the car's motion to create, shall we say, unpleasant bodily reactions. Don't forget their favourite toy/s.

Blankets and baggies. Bring blankets for bedding, and in cold weather, for warmth. Bring waste disposal baggies for parking lot rest stops (You wouldn't want to accidentally step in that, would you?).

Old washcloths. Handy to have on hand for wiping muddy paws that have just bounded through roadside puddles.

#### **CRATES AND RESTRAINTS**

Some dogs love to get in a car, hang their heads out the window, and revel in the experience, jowls and ears flapping in the breeze. But that's not a good idea.

Even if your dog is a happy traveller, it shouldn't be allowed to roam free within the confines of your car. That could be very bad for your dog in the case of an accident, and an unrestrained dog could even be the cause of an accident. And all dog body parts should remain inside the vehicle at all times. There are also hefty fines which come with not restraining your dog correctly.

Dog crates are great for car travel, assuming that the size of your dog isn't a limiting factor.

When choosing a crate for your dog, it should be large enough to permit the dog to stand up completely inside and turn around, but there shouldn't be so much room that the dog can slide around inside in response to the car's movements. It should be wellventilated, and structurally sound.



And it's important that the crate be securely fastened in place; a loose crate isn't much of an improvement over a loose dog. If a crate won't work for your dog, there are other options.





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A harness that is fastened to a seat safety belt is a great alternative. It provides the dog some freedom, but restrains the dog in an accident. Be sure to buy a harness that's specifically designed to be used with safety belts.

Barriers can also be effective restraints, and are great for securing a dog in an open area, such as in a van, or in the back of a wagon or SUV.Be careful, though, when you're shopping for a barrier. Be certain that the barrier you select can be securely attached to the interior framework of your vehicle, and that it's rated to restrain the weight of your dog in an accident.

### STOP, REVIVE, SURVIVE

YOU might be up for grinding along hours at a time on the road, but your dog isn't. And keeping your dog restrained and contained in your car for hours on end is a good way to sour it on car travel.

Plan on making frequent stops, just as you would if small children were along for the trip. (And if there are small children along, well then – two birds with one stone!)

Frequent potty breaks and opportunities to burn-off a bit of pent-up energy will help to make your dog a happy traveller. Just be careful not to have an escapee on your hands when you let your dog out of the car!

And when you do stop, be sure to never leave your dog in the car in the hot sun – even if you do crack the windows. Temperatures can climb to levels that aren't dog-friendly very quickly.

#### CHECK WITH YOUR VET

If this will be your first trip with your dog, you might want to discuss your plans with your vet briefly. There are medications that can help with problems like motion sickness and anxiety. It would be good to know what's available – just in case.

Also it is a good idea before you leave to write down name and phone number/s of any vets which will be local to where you are holidaying for any emergencies.

#### PREPARE FOR FUN

It's often said that dogs are man's best friend. With the proper equipment and with planning, there's no reason to leave your best friend behind when you hit the road.

### Be careful, be safe – and have fun!



# CLICKER TRAINING AT S.S.D.T.C.





Clicker Training is a fun and effective training method based on positive reinforcement which has been around for many years and is used in puppy school and worldwide.

The clicker (as shown on left) is a simple plastic box that you click when the dog has done what you have asked, followed by a reward of food or use of a special toy, whatever the dog responds to best.

Sutherland Shire Dog Training Club has a Clicker Class that runs on Sunday morning. It's all about positive training and you can join this class at any time. However, it's always better that your dog has done some training so they understand basic commands.

As your dog learns and progresses your dog will start to understand that every time they do the right action, you will click and they will be rewarded. This is how dogs learn and even older dogs can learn using this method.

At Clicker Class we aim to make training enjoyable, fun and rewarding in a positive way for you and your dog. Happy training means a happy dog, happy dog means a happy trainer.



We hold two classes every Sunday, Beginners and Advanced, and we welcome all members of the club to join one of our classes. Our instructors are:

- Lorraine Jones: Obedience & Clicker Instructor
- Julie Burness: Obedience & Clicker Instructor

The use of clickers is another way to train your dog and are used in a lot of activities in the club. It's an extension of the clubs' training system and has also helped many dogs with minor problems.

We hope to see you at a Clicker Class soon!



Note: When grading from classes you cannot use food or clickers. Clickers can be bought from the Club House, cost \$5.







Sutherland Shire Dog Training Club Inc

### Grading Awards November — December 2021

<u>Class 1 to 2</u>



Amanda & Ziggy and Jenny & Cherish



Alex & Bella



Katherine & Bailey; Alan & Albert; Joanne & Hunter; Lathem & Memphis



Lesley & Bambi; Ellyse & Max

Class 2 to 3



Robyn & Kobi; Fiona & Daisy; James & Daisy; Brendan & Ranger



Jamie & Kiara



Lee & Madi

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# Grading Fundamentals



#### Revised October 2016

### Kindergarten /Club Introduction <--- {Grading takes place each week at end of class}

Handlers are introduced to the club, informed on basic dog to handler communication and shown basic commands. Handlers and their dog are in this class for one week only.

### Class 1 to 2 <--- {Grading takes place every Sunday at end of class}

Handlers are allowed to encourage their dogs verbally and repeat commands. Checking a dog is not penalised. <u>{Clicker & food</u> rewards (luring) are permitted!}

Core Elements —> Handler is to demonstrate a level of communication between them and their dog is being established. Handler may touch, encourage and direct the dog during all heeling patterns

Heeling:-With a loose lead. (as much as possible) execution of left and right turns, sits and basic handling.

Handling: Handler is to demonstrate a knowledge/ability to communicate commands to the dog

### Class 2 to 3 <--- {Grading takes place 2nd Sunday of each Month}

Handlers are allowed to encourage their dogs verbally, but only occasionally repeat commands. Checking a dog is penalised, consistent checking of the dog will result in a failure. <u>{No clicker, food rewards (luring) is permitted!}</u>

Core Elements -> Loose Lead (Leash) all paces, Sit stay and drop (or down) stays Handler beside dog

- **Heeling:** at all paces with a <u>loose lead.</u> Sits and stands using signal and voice only. Downs <u>without force</u> although the dog may be 'guided' down by the check chain.
- Stays: (A) Sit, <u>handler beside the dog</u> for 1 minute. (B) Down, <u>handler beside the dog</u> for 1 minute.

Handling: based on the handlers ability to communicate commands.

### Class 3 to 4 <--- {Grading takes place 3rd Sunday of each Month}

Handlers are allowed to encourage their dogs verbally but only <u>issue one command</u>. Handling the dog or the use of check chain will earn a penalty. Consistent checking must be failed. <u>{No clicker, food rewards (luring) permitted!}</u>

Core Elements —> Loose Lead (Leash) all paces, Automatic sit, Stand for examination, Sit stay and drop (or down) stays Handler in front of dog {1.5 m minimum}

**Heeling**: at all paces with a loose lead. Sits to be automatic. Stands and Downs using signal and voice only. Handler is not to touch or guide the dog into any directed position.

Stand For Examination: with dog beside handler. (Dogs' paws are not to move during examination)

Stays: (A) Sit, <u>handler in front of dog</u> for 1 minute. (B) Down, <u>handler in front of dog</u> for 2 minutes.

Handling: based on the handlers ability to communicate commands.

### Class 4 to Club Medal <-- {Grading takes place 4th Sunday of each Month or as required}

Three qualifying passes to Dogs NSW trial standard —- > Community Companion Dog (CCD) Standard

Handlers should not encourage their dog verbally, and only issue one command. Handling the dog or the use of a check chain earn a penalty (repeated checking will be failed). {No clicker, food rewards (luring) permitted!}

Core Elements are —> Loose Lead (Leash) all paces, Automatic sit, Stand for examination, Recall, Sit stay and drop (or down) stay's Handler in of front dog {2.0 m minimum}

Heeling: at all paces to an advanced standard (Automatic sits, stands and downs signal and voice only).

Stand for Examination: As in a CCD Trial with the handler in front of the dog to the length of the leash.

- **Recall:** 4 metres off lead, *handler returns* to dog or *Dog to be finished* as requested by grader (NOTE if the dog moves as the handler returns a failure will result).
- Stays: (A) Sit, handler in front of dog for 1 minute.

(B) Down, handler in front of dog for 3 minutes.

Handling: based on the handlers ability to communicate commands.

### Club Medal Excellent <-- {Grading takes place 4th Sunday of each Month or as required}

Three qualifying passes to Dogs NSW trial standard —- >Novice (CD) Standard

# <u>A REMINDER TO EVERYONE</u>

### **Vetting starts 30 minutes BEFORE Classes**

### The vetting tables close 5 minutes before classes start.

Please BE ON TIME and IF POSSIBLE have the CORRECT GROUND FEE as a courtesy to your fellow club members.





# FEES & COMMODITIES

New Members

(including joining and membership fees)	
Single\$25.00	

Dual	 \$25.00
Duai	 ΨΖΟ.00

Student/Pensioner ......\$15.00

Annual Membership Renewal Fee \$15.00 (Due June 30th each year– Will be accepted from 1st Sunday in April of each year)

Single/student/pensioner	\$10.00
Dual	\$15.00
Weekly Ground Fee	\$3.00

# MERCHANDISE AVAILABLE

LEADS (Leash) 10M (33') LEADS Training collars DUMBELLS CLICKERS SPACE NEEDED JACKETS METAL BADGE INSTRUCTION MANUAL CLOTH BADGE

## Club Cap

Adult's Polo Shirt Adult's Polar Fleece Jumper Adult's Polar Fleece Vest Tea & Coffee Soft Drinks

Hire of:

LIBRARY BOOKS, Videos, etc (Refundable Deposit Payable)

## TRAINING AND CLASS TIMES

Dogs accepted from 4 months old. All dogs must be fully vaccinated with C5 vaccination which includes Kennel Cough.

Certification required on commencement of membership and updated annually.

### SUNDAY MORNING

### MONDAY NIGHT

### WEDNESDAY NIGHT

Agility Training (Beginners & Intermediate/Triallers) .....7:15 to 9:30 pm

All Correspondence to:	The Sutherland Shire Dog Training Club
	PO Box 231 Sutherland NSW 1499

Telephone: (02) 9521 1633 (Clubhouse, during training hours)

### **GROUND RULES**

- Members must be in class by the time specified. Instructors have the right to refuse entry to the class if you are late.
- All dogs must be vetted by the class instructor or appointed vetting officer before commencement of training. No dogs will be allowed onto the field before being vetted.
- 3. Members without membership cards may be refused admittance to class.
- All dogs must be immunised against Distemper, Hepatitis, Parvovirus and Para influenza and Kennel Cough. Current inoculation certificates must be produced when renewing membership.
   No bitch in season will be allowed to
- 5. No bitch in season will be allowed to attend training.

- 6. All dogs must be kept on a leash at all times unless under the supervision of an instructor.
- 7. The handlers of dogs which foul the grounds must immediately clean up with the equipment provided.
- 8. Classes using the Club jumps and/or agility equipment will be responsible for returning the equipment to the equipment room after use.
- 9. Members shall at all times behave courteously to other members and officials of the Club.
- 10. Any disputes should be referred to the Chief Instructor at the time of the dispute.

"We would like to acknowledge the Dharawal people, who are the Traditional Custodians of the land upon which we meet, and also pay our respects to all Aboriginal people, Elders past and present of the Dharawal Nation."